

PLAYER REGISTRATION:

Player's Name _____

Address _____

City _____ Zip Code _____

Phone # _____ Cell # _____ Sex _____

Parent/Guardian _____

Email _____

Emergency Contact _____

Emergency Phone # _____

Allergies _____

Chronic Medical Condition _____

Academy Participant Age _____

SESSION (please circle) **I II III IV V VI EIT**

T-Shirt Size: YL AS AM AL AXL

Medical Care, Consent, & Release of Liability

I, the parent/guardian of the registrant, a minor, agree that I and the registrant will abide by the rules of Spokane Soccer Club. Recognizing the possibility of physical injury associated with soccer and/or the sudden illness in an event, and in consideration for SSC and its affiliates accepting the registrant for its soccer programs and activities, I hereby release, discharge and/or otherwise indemnify SSC and its affiliated organizations and sponsors, their employees and associated personnel against any claim by or on behalf of the registrant as a result of the registrant's participation in the program. My son/daughter has received a physical examination by a physician and has been found physically capable of participating in the programs. I hereby give my consent to have an athletic trainer, emergency personnel, and/or doctor of medicine or dentistry provide my son/daughter with medical assistance and/or treatment and agree to be responsible financially for the reasonable assistance and/or treatment.

Parent/Guardian Signature:

Date: _____

All sessions conducted at:

Barker High School

13313 E Broadway

Spokane Valley, WA 99216

How do I Register?

Simply fill out and return the player registration form with your check to the address below

MAKE ALL CHECKS PAYABLE TO:

SPOKANE SOCCER CLUB

*** FREE T-SHIRT for all participants**



Mail all registration forms to:

Rick Mullins
 C/O Spokane Soccer Club
 3122 N. 11th St
 Coeur d Alene, ID 83815

For more information please contact:

Rick Mullins
 208-818-1790
 E-mail: rickmullins@spokanesoccerclub.com

Over the past year,
200 plus partici-
 pants attended our
 program

Elite
SOCCER ACADEMY

2010

**For those committed to
 becoming better soccer
 players**

WELCOME!

Spokane Soccer Club's Elite Soccer Academy program is a perfect addition to your club and recreational soccer. The Elite Soccer Academy offers a more "hands on" approach to your game. Our program differs from other soccer programs. **We offer high level training thru the use of academy and specialized training**, helping each of the players attain age appropriate goals in their development as soccer players. Like you, we love the game! Our nationally licensed staff ensures that all sessions are performed in a professional and fun environment. Enjoy direct access to Academy Director Rick Mullins (USSF National 'A' license, NSCAA Advanced National, USSF National Youth License, Community Colleges Of Spokane Hall of Fame Inductee, and Idaho ODP staff), Junior Academy director Jason Bellefeuille (USSF National 'B' license,) and other nationally licensed coaches. Additional programs may be added if necessary.



Sessions Schedule

SESSION I: U8-U10 FOOTSKILLS ACADEMY
(7, 8, 9 year olds) **6 weeks, 18 hours of instruction**

Day of Week:	Date	Time	Cost
Mon/Wed	July 12– Aug 18	9:00 -10:30am	\$ 145

SESSION II: U11-U14 ACADEMY
(10 thru 14 years of age) **6 weeks, 18 hours of instruction**

Day of week:	Date	Time	Cost
Mon/Wed	July 12– Aug 18	11:00 -12:30pm	\$ 145

SESSION III: STRIKER SCHOOL
(10 thru 14 years of age)

Day of Week:	Date	Time	Cost
Mon thru Thursday	July 19 - July 23	2:00 - 4:00pm	\$ 115

SESSION IV: THE ART OF DEFENDING
(10 thru 14 years of age)

Day of Week:	Date	Time	Cost
Mon thru Thurs	June 28 – July 1	9:00-11:00 am	\$ 115

SESSION V: GOALKEEPING ACADEMY
(10 thru 14 years of age) **6 week program- Space is limited**

Day of Week:	Date	Time	Cost
Mon/Wed	June 22 - July 28	6:00 - 7:30 pm	\$ 125

SESSION VI: STRIKER SCHOOL FOR HIGH SCHOOL PLAYERS

Day of Week:	Date	Time	Cost
Mon thru Thurs	July 12 - July 15	2:00-4:00 pm	\$ 115

E-I-T: ELITE INDIVIDUAL TRAINING: (personalized training)
\$160 total for 1 player (Individual training) 4 hours of training (\$40 hr)
\$130 total between 2 players \$65 per person for 4 hours training (\$16.25 hr)
\$100 total between 3-4 players = \$33- \$25 per person for 4 hours training (\$6.25 per hour).

School Descriptions

U8-U10 Foot skills Academy - Our **6 week academy** emphasizes focused on helping develop a higher degree of technical proficiency reinforcing those concepts introduced at the younger ages. New fundamental techniques are presented and executed in a fun environment. All are perfected thru small sided games.

U11-U14 Academy - The goal of our **6 week academy** is to generate and provide excellence in the development of soccer players. Our mission is to provide a challenging environment of intense training with an extreme focus on the technical and tactical ability of each player. Exercises will be specifically designed to keep players under constant pressure resulting in a higher "comfort level" on the ball and a concentrated focus on improved decision making.

Striker School- This camp is about scoring goals! Learn what it takes to become soccer's most precious commodity - a goal scorer! At Striker School, we try to create a complete goal scorer so they are prepared for every situation. Striker School provides participants the skills instincts to be successful in front of the goal.

The Art of Defending prepares players for the defensive challenges from the opposition. Grasp defensive concepts thru exercises designed to help player's master defensive principals and shut down their opponents. Topics include: Individual and small group defending, 1v1, 1v2, 2v2, 3v3, 4v4, support, compactness, tracking of players, recovery runs , Defensive heading, Tackling, Clearing, Body shape and field positioning, playing out of the back, defending set pieces, transition, playing out of the back.

Goalkeeper Academy All participants receive specialized coaching over a **6 week period**. Goalkeepers will learn the technical/tactical skills needed to be a successful goalkeeper. **SPACE IS LIMITED.**

EIT Training: is a **4 HOUR block** of personalized training structured around 1-4 participants pre-purchasing four 1 hour blocks of personal training time with one of our staff coaches. We work to help develop each player's individual needs.

E.I.T. Goalkeeping training also available

Contact Rick Mullins for EIT registration information